

Adults program timetable.

Empowering confidence through movement.

TERM 3 STARTS ON MONDAY 15th JULY 2024

PROGRAM	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
Adults in Motion \$30 per lesson	7.00-8.00pm				12.10-1.10pm 5.00-6.00pm		

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