

Adults program timetable.

Empowering confidence through movement.

TERM 2 STARTS ON 24th APRIL 2023

PROGRAM	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
Adults in Motion \$25 per lesson	7.00-8.00pm			7.00-8.00pm	11.00-12.00pm 12.00-1.00pm		

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