

# Adults program timetable.

Empowering confidence through movement.

TERM 2 STARTS ON MONDAY 15th APRIL 2024

| PROGRAM                                    | MONDAY      | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY                      | SATURDAY | SUNDAY |
|--|-------------|---------|-----------|----------|-----------------------------|----------|--------|
| <b>Adults in Motion</b><br>\$25 per lesson | 7.00-8.00pm |         |           |          | 12.10-1.10pm<br>5.00-6.00pm |          |        |

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