

Sports Specific program timetable.



Empowering confidence through movement.

TERM 1 STARTS ON
30th JANUARY 2023

BOOK NOW

PROGRAM	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
Acro & Tumbling \$35 per lesson			6.00-7.00pm				
Parkour \$35 per lesson		7.00-8.00pm			6.00-7.00pm		
Strength, Agility, Conditioning \$35 per lesson							
Trampolining \$35 per lesson					6.00-7.00pm		