

Adults program timetable.

Empowering confidence through movement.

TERM 1 STARTS ON 30th JANUARY 2023

PROGRAM	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
Adults in Motion \$25 per lesson	7.00-8.00pm	11.00-12.00pm		7.00-8.00pm	11.00-12.00pm		

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